

ACTIVITIES

Socialization, as well as mental and physical stimulation, becomes even more important as we age. Our Director plans a variety of social, intellectual, cultural and educational group activities based on individual interests and ability.

INTERGENERATIONAL PROGRAM

Participants also enjoy weekly activities with the children from Yorktown Child Care Center, our on-campus child day care center.

OPTIONAL SERVICES AVAILABLE

Barber/Beauty Shop Personal Hygiene & Grooming

NUTRITIOUS MEALS

A Registered Dietician oversees the daily menu, which includes a nutritious breakfast and lunch, as well as snacks throughout the day.

CONTACT

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PROGRAM HOURS

Monday – Friday 8:00 AM to 4:00 PM

Participants can stay for just a few hours for \$10 per hour (\$40 minimum) or for the whole day, and can come one to five days a week.

TRANSPORTATION IS AVAILABLE

orktown Social Adult Day Program is the perfect solution for seniors who need assistance but would like to continue living at home. Our program is designed to provide the high quality social, nutritional, and daily living services your loved one needs in a safe, supportive and stimulating environment. This allows you, the caretaker, to go to work or take a break from your care-giving responsibilities and have the peace of mind knowing that your loved one is being well taken care of.